# Settling In Policy

At My Childcare and Me, we fully understand how difficult it can be for parents to leave their child in a childcare setting and return to work. We will therefore work with you to ensure your child is settled and that you are happy with the care that we provide.

We like to organise settling in sessions for the parents and the child. This gives you the opportunity to provide us with lots of information about your child, including their likes, dislikes, routines, and favourite activities, how to comfort them if they become upset and how they reacted if been left before. It gives us the opportunity to start to build a relationship with your child and to understand both your needs and wishes. It is also an opportunity for you as the child’s parents to become fully aware of our policies and procedures and to observe our setting.

We are happy for you to stay until you feel that your child is settled. Some children do take longer than others to settle and some settle quickly and then become distressed a few weeks into placement. We will work with you to support your child through this transition period and make it as easy as possible. It is important that you and your child are relaxed and happy in our nursery and with the care we provide.